

## Letter to Parents

( Sample letter to parents regarding fund raising )

Date: \_\_\_\_\_

Dear parents / guardians,

### Jump Rope for Heart Program

I am pleased to inform you that our school has joined the Jump Rope for Heart Program (JRFH) in this academic year. The mission of JRFH is to motivate our young generation to develop a heart healthy lifestyle through exercise, thus reducing the risk of heart disease and stroke. We hope that this interesting yet meaningful program could gain your full support.

In the next few weeks, students will be taught a series of interesting and challenging skipping tricks. Researches show that rope skipping is a very effective aerobic exercise which can help preventing cardiovascular diseases and releasing academic pressure. We hope that your children can keep doing exercise regularly, with your staunch support and motivation.

JRFH is a long-term heart health promotional program and it needs your support in raising fund for its operating costs. We hope that you would permit your children to take part in this meaningful fund raising activity held on \_\_\_\_\_. Please note that it is a voluntary activity. You may decide whether to donate or not. Nevertheless, please help to disseminate the heart health message written on fund collection envelopes to friends and relatives.

Finally, please note that a set of JRFH souvenirs will be awarded to students for donations over HK\$50 whereas 15% of the fund raised will be donated to our school for organizing the Jump Off Day and other related activities.

Please complete the reply slip below and return to the class-master together with the fund raised before \_\_\_\_\_.

Thank you for your kind attention and co-operation. ***Your support does make a difference to the development of heart health promotion in Hong Kong.***

Yours faithfully,

\_\_\_\_\_  
Principal

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### Reply-slip

- ☐ I agree with my child \_\_\_\_\_ (Class \_\_\_\_\_) to raise fund for the Jump Rope for Heart Program. Please find enclosed HK\$ \_\_\_\_\_ being the fund raised.
- ☐ I disagree with my child \_\_\_\_\_ (Class \_\_\_\_\_) to raise fund for the Jump Rope for Heart Program.

Signature of parent / guardian : \_\_\_\_\_  
Name of parent / guardian : \_\_\_\_\_  
Date : \_\_\_\_\_